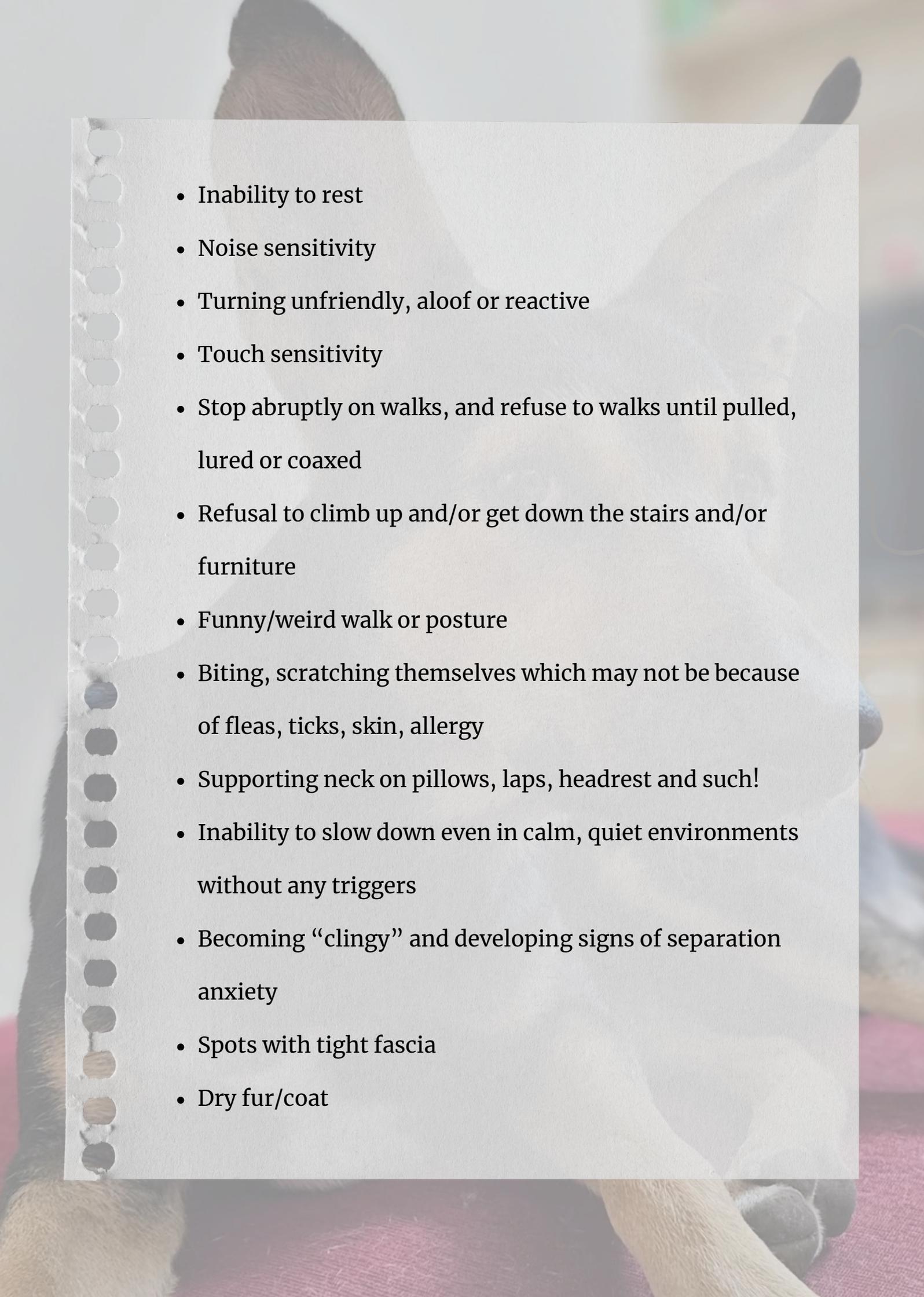
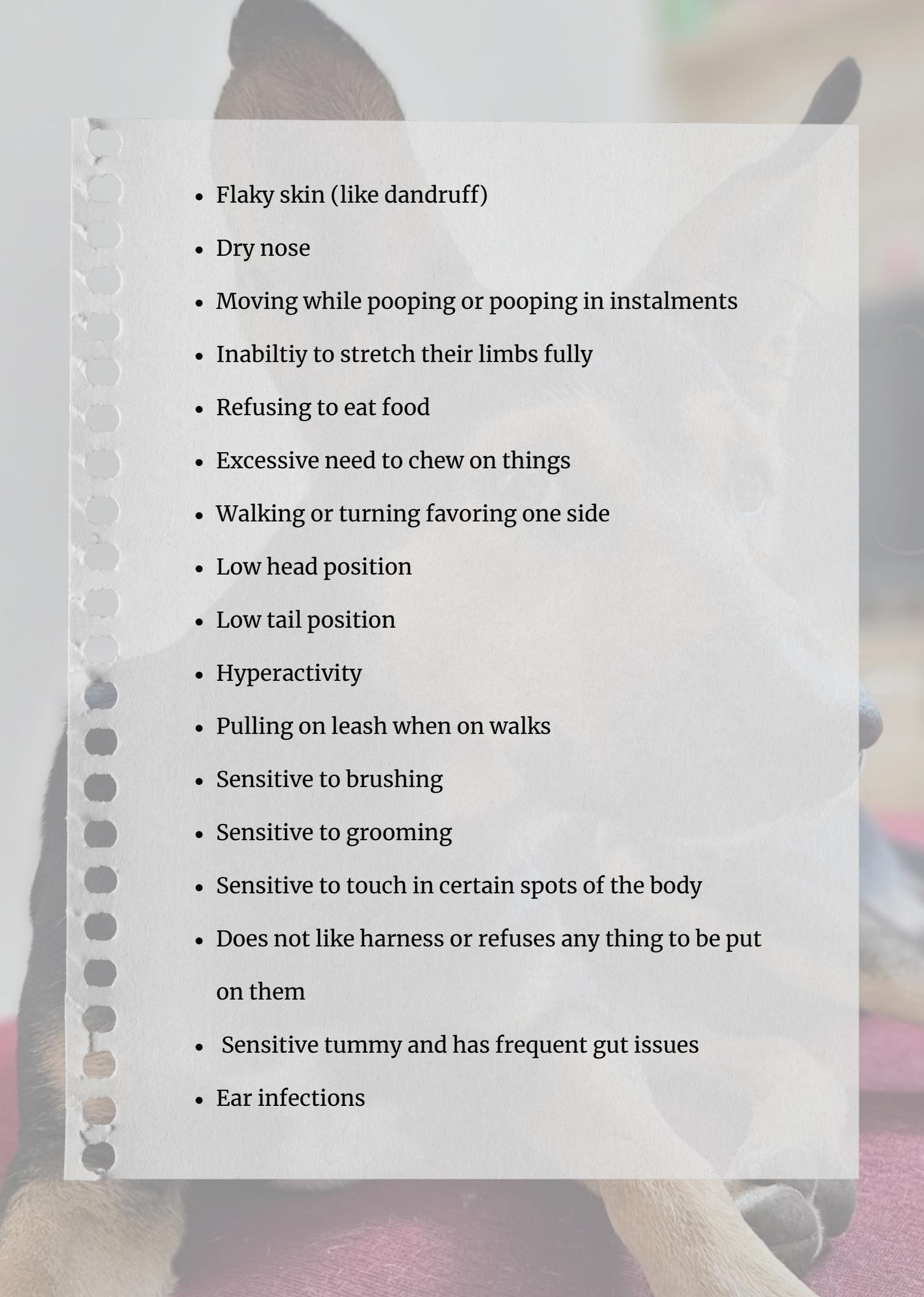
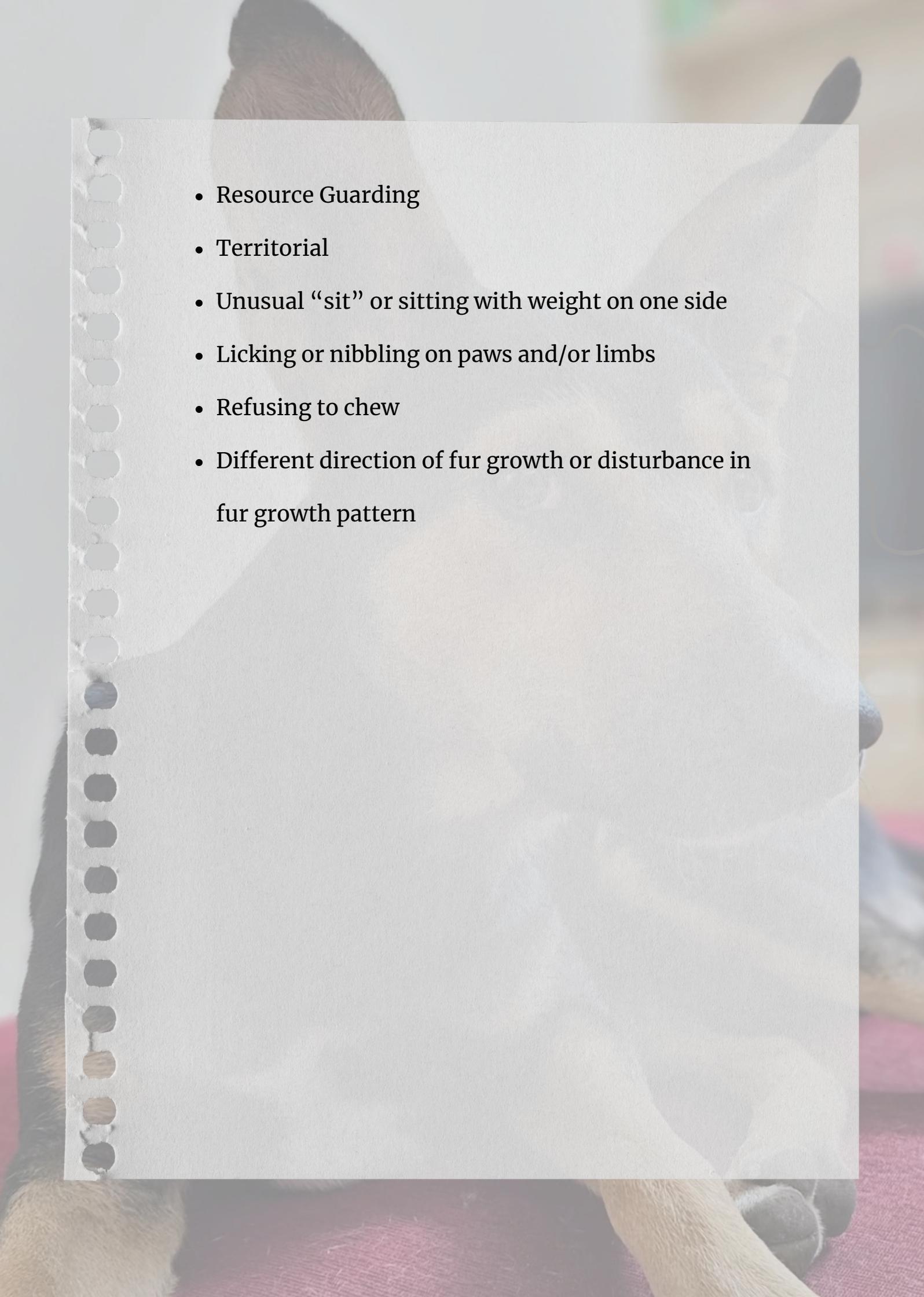




**YOUR DOG'S  
COMFORT  
CHECKLIST**

- 
- Inability to rest
  - Noise sensitivity
  - Turning unfriendly, aloof or reactive
  - Touch sensitivity
  - Stop abruptly on walks, and refuse to walks until pulled, lured or coaxed
  - Refusal to climb up and/or get down the stairs and/or furniture
  - Funny/weird walk or posture
  - Biting, scratching themselves which may not be because of fleas, ticks, skin, allergy
  - Supporting neck on pillows, laps, headrest and such!
  - Inability to slow down even in calm, quiet environments without any triggers
  - Becoming “clingy” and developing signs of separation anxiety
  - Spots with tight fascia
  - Dry fur/coat

- 
- Flaky skin (like dandruff)
  - Dry nose
  - Moving while pooping or pooping in instalments
  - Inabilitiy to stretch their limbs fully
  - Refusing to eat food
  - Excessive need to chew on things
  - Walking or turning favoring one side
  - Low head position
  - Low tail position
  - Hyperactivity
  - Pulling on leash when on walks
  - Sensitive to brushing
  - Sensitive to grooming
  - Sensitive to touch in certain spots of the body
  - Does not like harness or refuses any thing to be put on them
  - Sensitive tummy and has frequent gut issues
  - Ear infections

- 
- Resource Guarding
  - Territorial
  - Unusual “sit” or sitting with weight on one side
  - Licking or nibbling on paws and/or limbs
  - Refusing to chew
  - Different direction of fur growth or disturbance in fur growth pattern

How many signs did you spot in your dog?

If it is more than 3, you might want to start considering the possibility of discomfort in your dog!

But don't feel helpless or defeated about it yet. As a dog parent, there is a lot you can do.

My Beyond Pain eBook will give you ways to understand, track and manage your dog's discomfort. Your dog is talking to you. It is time you listen and act on what they are telling you!

If you would like purchase this eBook and also a Comprehensive Health Tracker for your dog, then 📌

**CLICK HERE >**

## ABOUT THE AUTHOR

# Hello, I'm Sowjanya Vijayanagar, a certified Dog Behaviour Consultant.

I am a BHARCS certified Dog Behaviour Consultant with understanding of behaviours using the bio-psycho-social approach.

Through my education and work, I also found Gentle Parenting and now, I am a passionate advocate of Gentle Parenting of Dogs. You will find me using the Gentle Parenting approach for everything that comes up with dogs and their humans.

I credit my journey as a dog parent and a dog professional to my 2 dogs, Sammy (who is not with us anymore) and Zoey and the many street dogs who have taught me so much from their lives.



I truly believe that all situations and behaviours we encounter with our dogs can only be addressed by building a strong, cooperative, trusting and respectful relationship between the dogs and their humans (the dog parents)!

*- Sowjanya Vijayanagar*

# Fascinated by the world of Gentle Parenting of Dogs and Dog Pawmise?

If you love what I do and want to be a part of my community, then you can check out my social media. Click on the icons to redirect you to the respective pages!



*See you there*

